



DATE:	26-06-2024	TIME:	08:27 PM
NAME:	Tareq		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	48	81	108
BREATHING RATE:	29	15	10
OXYGEN SATURATION:	98	98	98
BLOOD PRESSURE:	117 / 67	117 / 67	111 / 68
STRESS LEVEL:	Low	Low	Low
HEART RATE VARIABILITY:	100	43	72
PRQ:	1.66	5.30	10.72
ACTIVITY:		4	4
SLEEP:	1	5	2
EQUILIBRIUM:	3	4	4
METABOLISM:	3	4	4

<b>DATE:</b>	<b>26-06-2024</b>	<b>TIME:</b>	<b>08:27 PM</b>
<b>NAME:</b>	<b>Tareq</b>		
	<b>MORNING (12AM-08AM)</b>	<b>MID-DAY (08AM-04PM)</b>	<b>NIGHT (04PM-12AM)</b>
RELAXATION:	4	2	4
HEMOGLOBIN:	Coming soon	Coming soon	Coming soon
HBA1C:	4.0 – 5.6	4.0 – 5.6	4.0 – 5.6
CHOLESTEROL:	Coming soon	Coming soon	Coming soon
<u>NOTES:</u>			

# VITAL SIGNS

## LOG BOOK