



DATE:	15-05-2024	TIME:	08:27 PM
NAME:	Bernadett		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			69
BREATHING RATE:			14
OXYGEN SATURATION:			98
BLOOD PRESSURE:			115 / 68
STRESS LEVEL:			
HEART RATE VARIABILITY:			82.78
PRQ:			4.77
ACTIVITY:			4
SLEEP:			2
EQUILIBRIUM:			3
METABOLISM:			3

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RELAXATION:			4
HEMOGLOBIN:			Coming soon
HBA1C:			Coming soon
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

# VITAL SIGNS LOG BOOK