



DATE:	10-04-2024	TIME:	10:18 AM
NAME:	ABKO Group		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		61	
BREATHING RATE:		17	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		112 / 74	
STRESS LEVEL:		High	
HEART RATE VARIABILITY:		28.84	
HEMOGLOBIN:		14.51	
HBA1C:		5.89	
CHOLESTEROL:		145.59	
PRQ:		3.61	
ACTIVITY:		4	

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SLEEP:		4	
EQUILIBRIUM:		5	
METABOLISM:		5	
RELAXATION:		1	
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK