



DATE:	20-03-2024	TIME:	11:28 AM
NAME:	ABKO Group		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		53	
BREATHING RATE:		18	
PRQ:		2.90	
STRESS LEVEL:		4	
BLOOD PRESSURE:		115 / 87	
HEART RATE VARIABILITY:		548.80	
OXYGEN SATURATION:		98	
ACTIVITY:		4	
SLEEP:		1	
EQUILIBRIUM:		4	
METABOLISM:		4	

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RELAXATION:		3	
<u>NOTES:</u>			

VITAL SIGNS LOG BOOK