



DATE:	28-03-2024	TIME:	03:18 PM
NAME:	ABKO Group		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		68	
BREATHING RATE:		19	
PRQ:		3.68	
STRESS LEVEL:		25	
BLOOD PRESSURE:		112 / 77	
HEART RATE VARIABILITY:		99.95	
OXYGEN SATURATION:		98	
ACTIVITY:		5	
SLEEP:		5	
EQUILIBRIUM:		4	
METABOLISM:		4	

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RELAXATION:		2	
<u>NOTES:</u>			

VITAL SIGNS
LOG BOOK