



DATE:	13-08-2024	TIME:	09:48 PM
NAME:	Mostafa Farouq		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			80
BREATHING RATE:			13
OXYGEN SATURATION:			98
BLOOD PRESSURE:			135 / 89
STRESS LEVEL:			Normal
HEART RATE VARIABILITY:			16
PRQ:			6.23
ACTIVITY:			3
SLEEP:			3
EQUILIBRIUM:			4
METABOLISM:			4

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RELAXATION:			1
HEMOGLOBIN:			Coming soon
HBA1C:			4.0 – 5.6
CHOLESTEROL:			Coming soon
NOTES:			

VITAL SIGNS

LOG BOOK