



DATE:	28-06-2024	TIME:	12:00 PM
NAME:	Pramod Singh Kumar jploft		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			
BREATHING RATE:			
OXYGEN SATURATION:		---	
BLOOD PRESSURE:		---	
STRESS LEVEL:		---	
HEART RATE VARIABILITY:		---	
PRQ:		---	
ACTIVITY:		-1	
SLEEP:		-1	
EQUILIBRIUM:		-1	
METABOLISM:		-1	

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RELAXATION:		-1	
HEMOGLOBIN:			
HBA1C:			
CHOLESTEROL:			
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK