



DATE:	20-05-2024	TIME:	03:21 PM
NAME:	Lucy Chiu		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		89	
BREATHING RATE:		6	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		117 / 81	
STRESS LEVEL:		High	
HEART RATE VARIABILITY:		13	
PRQ:		13.97	
ACTIVITY:		4	
SLEEP:		2	
EQUILIBRIUM:		2	
METABOLISM:		2	

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RELAXATION:		1	
HEMOGLOBIN:		Coming soon	
HBA1C:		Coming soon	
CHOLESTEROL:		Coming soon	
<u>NOTES:</u>			

VITAL SIGNS LOG BOOK