



DATE:	02-05-2024	TIME:	10:18 AM
NAME:	DNT		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		111	
BREATHING RATE:		24	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		118 / 74	
STRESS LEVEL:		High	
HEART RATE VARIABILITY:		80.26	
HEMOGLOBIN:		15.58	
HBA1C:		4.81	
CHOLESTEROL:		176.95	
PRQ:		4.67	
ACTIVITY:			

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SLEEP:		3	
EQUILIBRIUM:		2	
METABOLISM:		2	
RELAXATION:		3	
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK