



DATE:	03-06-2024	TIME:	03:35 PM
NAME:	Sandeep		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		81	
BREATHING RATE:		12	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		131 / 105	
STRESS LEVEL:		High	
HEART RATE VARIABILITY:		63	
PRQ:		6.92	
ACTIVITY:		3	
SLEEP:		4	
EQUILIBRIUM:		4	
METABOLISM:		4	

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RELAXATION:		2	
HEMOGLOBIN:		Coming soon	
HBA1C:		4.0 – 5.6	
CHOLESTEROL:		Coming soon	
NOTES:			

VITAL SIGNS

LOG BOOK