



DATE:	07-06-2024	TIME:	11:17 PM
NAME:	Ali		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			58
BREATHING RATE:			14
OXYGEN SATURATION:			98
BLOOD PRESSURE:			130 / 67
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			88
PRQ:			4.07
ACTIVITY:			3
SLEEP:			1
EQUILIBRIUM:			4
METABOLISM:			4

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RELAXATION:			3
HEMOGLOBIN:			Coming soon
HBA1C:			6.5
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK