



DATE:	13-06-2024	TIME:	09:34 PM
NAME:	Ayman		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			99
BREATHING RATE:			31
OXYGEN SATURATION:			98
BLOOD PRESSURE:			125 / 93
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			35
PRQ:			3.26
ACTIVITY:			3
SLEEP:			4
EQUILIBRIUM:			2
METABOLISM:			2

DATE:	13-06-2024	TIME:	09:34 PM
NAME:	Ayman		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
RELAXATION:			2
HEMOGLOBIN:			Coming soon
HBA1C:			4.0 – 5.6
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

# VITAL SIGNS

## LOG BOOK