



DATE:	12-06-2024	TIME:	04:06 PM
NAME:	Aliaa		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			81
BREATHING RATE:			9
OXYGEN SATURATION:			97
BLOOD PRESSURE:			113 / 82
STRESS LEVEL:			Mild
HEART RATE VARIABILITY:			12
PRQ:			8.58
ACTIVITY:			3
SLEEP:			2
EQUILIBRIUM:			4
METABOLISM:			4

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RELAXATION:			1
HEMOGLOBIN:			Coming soon
HBA1C:			4.0 – 5.6
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK