



DATE:	08-07-2024	TIME:	03:13 PM
NAME:	Mena		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		104	
BREATHING RATE:		14	
OXYGEN SATURATION:		-1	
BLOOD PRESSURE:		117 / 82	
STRESS LEVEL:		Normal	
HEART RATE VARIABILITY:		24	
PRQ:		7.28	
ACTIVITY:		2	
SLEEP:		2	
EQUILIBRIUM:		2	
METABOLISM:		2	

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RELAXATION:		2	
HEMOGLOBIN:		Coming soon	
HBA1C:		4.0 – 5.6	
CHOLESTEROL:		Coming soon	
<u>NOTES:</u>			

# VITAL SIGNS

## LOG BOOK