



DATE:	22-06-2024	TIME:	04:50 AM
NAME:	Dr. Mostafa Osman		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	102		
BREATHING RATE:	13		
OXYGEN SATURATION:	-1		
BLOOD PRESSURE:	116 / 82		
STRESS LEVEL:	Normal		
HEART RATE VARIABILITY:	23		
PRQ:	8.17		
ACTIVITY:	4		
SLEEP:	3		
EQUILIBRIUM:	4		
METABOLISM:	4		

DATE:	22-06-2024	TIME:	04:50 AM
NAME:	Dr. Mostafa Osman		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
RELAXATION:	2		
HEMOGLOBIN:	Coming soon		
HBA1C:	4.0 – 5.6		
CHOLESTEROL:	Coming soon		
<u>NOTES:</u>			

VITAL SIGNS LOG BOOK