



DATE:	10-07-2024	TIME:	12:36 PM
NAME:	Elaine Petrakis		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		69	
BREATHING RATE:		13	
OXYGEN SATURATION:		98	
BLOOD PRESSURE:		114/82	
STRESS LEVEL:		Normal	
HEART RATE VARIABILITY:		19	
PRQ:		5.1	
ACTIVITY:		2	
SLEEP:		4	
EQUILIBRIUM:		5	
METABOLISM:		5	

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RELAXATION:		1	
HEMOGLOBIN:			
HBA1C:		4.0 – 5.6	
CHOLESTEROL:			
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK