



DATE:	16-07-2024	TIME:	04:10 PM
NAME:	kenzie		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			105
BREATHING RATE:			17
OXYGEN SATURATION:			-1
BLOOD PRESSURE:			113 / 84
STRESS LEVEL:			Normal
HEART RATE VARIABILITY:			32
PRQ:			6.30
ACTIVITY:			4
SLEEP:			4
EQUILIBRIUM:			5
METABOLISM:			5

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RELAXATION:			2
HEMOGLOBIN:			Coming soon
HBA1C:			6.5
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

# VITAL SIGNS LOG BOOK