



DATE:	20-07-2024	TIME:	10:40 PM
NAME:	Ganpati Goel		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			55
BREATHING RATE:			8
OXYGEN SATURATION:			98
BLOOD PRESSURE:			117/72
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			98
PRQ:			6.6
ACTIVITY:			4
SLEEP:			3
EQUILIBRIUM:			2
METABOLISM:			2

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RELAXATION:			4
HEMOGLOBIN:			
HBA1C:			4.0 – 5.6
CHOLESTEROL:			
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK