



DATE:	18-07-2024	TIME:	06:39 PM
NAME:	Dev		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		81	70
BREATHING RATE:		18	16
OXYGEN SATURATION:		98	98
BLOOD PRESSURE:		112/72	109/86
STRESS LEVEL:		Low	Low
HEART RATE VARIABILITY:		110	129
PRQ:		4.3	4.2
ACTIVITY:		4	4
SLEEP:		1	1
EQUILIBRIUM:		5	5
METABOLISM:		5	5

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RELAXATION:		4	4
HEMOGLOBIN:			
HBA1C:		4.0 – 5.6	4.0 – 5.6
CHOLESTEROL:			
<u>NOTES:</u>			

VITAL SIGNS LOG BOOK