



DATE:	18-07-2024	TIME:	04:06 PM
NAME:	Kevin		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			103
BREATHING RATE:			18
OXYGEN SATURATION:			98
BLOOD PRESSURE:			133 / 83
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			54
PRQ:			5.75
ACTIVITY:			5
SLEEP:			5
EQUILIBRIUM:			5
METABOLISM:			5

DATE:	18-07-2024	TIME:	04:06 PM
NAME:	Kevin		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
RELAXATION:			3
HEMOGLOBIN:			Coming soon
HBA1C:			6.5
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK