



DATE:	27-07-2024	TIME:	12:13 AM
NAME:	Carrie		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	94		
BREATHING RATE:	20		
OXYGEN SATURATION:	98		
BLOOD PRESSURE:	115 / 67		
STRESS LEVEL:	Low		
HEART RATE VARIABILITY:	42		
PRQ:	4.73		
ACTIVITY:	5		
SLEEP:	3		
EQUILIBRIUM:	1		
METABOLISM:	1		

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RELAXATION:	3		
HEMOGLOBIN:	Coming soon		
HBA1C:	6.5		
CHOLESTEROL:	Coming soon		
<u>NOTES:</u>			

# VITAL SIGNS LOG BOOK