



DATE:	29-07-2024	TIME:	02:41 AM
NAME:	Scottishness		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	78		
BREATHING RATE:	13		
OXYGEN SATURATION:	96		
BLOOD PRESSURE:	120 / 69		
STRESS LEVEL:	Low		
HEART RATE VARIABILITY:	37		
PRQ:	6.22		
ACTIVITY:	4		
SLEEP:	4		
EQUILIBRIUM:	2		
METABOLISM:	2		

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RELAXATION:	2		
HEMOGLOBIN:	Coming soon		
HBA1C:	6.5		
CHOLESTEROL:	Coming soon		
<u>NOTES:</u>			

VITAL SIGNS

LOG BOOK