



DATE:	02-08-2024	TIME:	05:39 PM
NAME:	Austin		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			117
BREATHING RATE:			7
OXYGEN SATURATION:			-1
BLOOD PRESSURE:			110 / 67
STRESS LEVEL:			Normal
HEART RATE VARIABILITY:			30
PRQ:			17.67
ACTIVITY:			4
SLEEP:			3
EQUILIBRIUM:			4
METABOLISM:			4

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RELAXATION:			2
HEMOGLOBIN:			Coming soon
HBA1C:			6.5
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

VITAL SIGNS LOG BOOK