



DATE:	08-08-2024	TIME:	09:01 PM
NAME:	Austin		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			123
BREATHING RATE:			18
OXYGEN SATURATION:			-1
BLOOD PRESSURE:			108 / 71
STRESS LEVEL:			Normal
HEART RATE VARIABILITY:			18
PRQ:			6.84
ACTIVITY:			2
SLEEP:			2
EQUILIBRIUM:			3
METABOLISM:			3

DATE:	08-08-2024	TIME:	09:01 PM
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RELAXATION:			2
HEMOGLOBIN:			Coming soon
HBA1C:			6.5
CHOLESTEROL:			Coming soon
<u>NOTES:</u>			

# VITAL SIGNS LOG BOOK