



DATE:	05-08-2024	TIME:	05:47 PM
NAME:	jay49		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			46
BREATHING RATE:			
OXYGEN SATURATION:			
BLOOD PRESSURE:			110/69
STRESS LEVEL:			Low
HEART RATE VARIABILITY:			112
PRQ:			---
ACTIVITY:			-1
SLEEP:			-1
EQUILIBRIUM:			-1
METABOLISM:			-1

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RELAXATION:			-1
HEMOGLOBIN:			
HBA1C:			4.0 – 5.6
CHOLESTEROL:			
<u>NOTES:</u>			

VITAL SIGNS LOG BOOK