



DATE:	23-08-2024	TIME:	12:00 AM
NAME:	Goran		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	119		
BREATHING RATE:	13		
OXYGEN SATURATION:	98		
BLOOD PRESSURE:	117 / 67		
STRESS LEVEL:	Low		
HEART RATE VARIABILITY:	89		
PRQ:	9.35		
ACTIVITY:			
SLEEP:	3		
EQUILIBRIUM:	3		
METABOLISM:	3		

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RELAXATION:	4		
HEMOGLOBIN:	Coming soon		
HBA1C:	4.0 – 5.6		
CHOLESTEROL:	Coming soon		
<u>NOTES:</u>			

# VITAL SIGNS

## LOG BOOK