



DATE:	10-08-2024	TIME:	02:03 PM
NAME:	test		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		126	
BREATHING RATE:		24	
OXYGEN SATURATION:		-1	
BLOOD PRESSURE:		111 / 86	
STRESS LEVEL:		Normal	
HEART RATE VARIABILITY:		26	
PRQ:		5.31	
ACTIVITY:		3	
SLEEP:		3	
EQUILIBRIUM:		2	
METABOLISM:		2	

DATE:	10-08-2024	TIME:	02:03 PM
NAME:	test		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
RELAXATION:		2	
HEMOGLOBIN:		Coming soon	
HBA1C:		4.0 – 5.6	
CHOLESTEROL:		Coming soon	
<u>NOTES:</u>			

VITAL SIGNS LOG BOOK