



DATE:	18-12-2023	TIME:	06:02 PM
NAME:	bvishal		
	MORNING	MID-DAY	NIGHT
HEART RATE:		67	
BREATHING RATE:		23	
PRQ:		2.9	
STRESS LEVEL:		High	
BLOOD PRESSURE:		109/72	
HEART RATE VARIABLITY:		1.073	
OXYGEN SATURATION:		99	
HBA1C:		5.38	
HEMOGLOBIN:		11.8	
NOTES:			

# VITAL SIGNS

## LOG BOOK