



DATE:	19-12-2023	TIME:	04:48 AM
NAME:	laka		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	74		73
BREATHING RATE:	18		17
PRQ:	4.1		4.3
STRESS LEVEL:	Low		Low
BLOOD PRESSURE:	112/74		118/72
HEART RATE VARIABILITY:	0.294		1.152
OXYGEN SATURATION:	99		99
HBA1C:	6.04		5.42
HEMOGLOBIN:	11.5		11.4
NOTES:			

VITAL SIGNS

LOG BOOK