



DATE:	22-01-2024	TIME:	12:45 PM
NAME:	Omar		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		57	
BREATHING RATE:		27	
PRQ:		2.1	
STRESS LEVEL:		High	
BLOOD PRESSURE:			
HEART RATE VARIABLITY:		0.261	
OXYGEN SATURATION:			
HBA1C:		5.68	
HEMOGLOBIN:		10.6	
NOTES:			

# VITAL SIGNS

## LOG BOOK