



DATE:	26-12-2023	TIME:	11:08 AM
NAME:	Yash		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		60	
BREATHING RATE:		14	
PRQ:		4.3	
STRESS LEVEL:		High	
BLOOD PRESSURE:		125/70	
HEART RATE VARIABILITY:		0.85	
OXYGEN SATURATION:		98	
HBA1C:		5.33	
HEMOGLOBIN:		11.5	
NOTES:			

# VITAL SIGNS

## LOG BOOK