



DATE:	29-12-2023	TIME:	06:49 PM
NAME:	testbew		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		63	77
BREATHING RATE:		15	21
PRQ:		4.1	3.6
STRESS LEVEL:		LOW	
BLOOD PRESSURE:		117/72	116/69
HEART RATE VARIABILITY:		1.358	
OXYGEN SATURATION:		96	94
HBA1C:		5.31	5.31
HEMOGLOBIN:		13.6	14.0
NOTES:			

# VITAL SIGNS

## LOG BOOK