



DATE:	17-02-2024	TIME:	10:05 AM
NAME:	Tareq		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		77	
BREATHING RATE:		23	
PRQ:		3.3	
STRESS LEVEL:		Low	
BLOOD PRESSURE:		120/75	
HEART RATE VARIABILITY:		16	
OXYGEN SATURATION:		99	
HBA1C:		5.19	
HEMOGLOBIN:		13.1	
NOTES:			

# VITAL SIGNS

## LOG BOOK