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|-------------------------|---------------------|---------------------|-------------------|
| DATE: | 21-02-2024 | TIME: | 12:33 PM |
| NAME: | KA | | |
| | MORNING (12AM-08AM) | MID-DAY (08AM-04PM) | NIGHT (04PM-12AM) |
| HEART RATE: | | 86 | |
| BREATHING RATE: | | 15 | |
| PRQ: | | 5.7 | |
| STRESS LEVEL: | | | |
| BLOOD PRESSURE: | | 121/76 | |
| HEART RATE VARIABILITY: | | | |
| OXYGEN SATURATION: | | 99 | |
| HBA1C: | | 5.27 | |
| HEMOGLOBIN: | | 13.9 | |
| NOTES: | | | |

VITAL SIGNS

LOG BOOK