



DATE:	17-01-2024	TIME:	08:28 PM
NAME:	df		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			80
BREATHING RATE:			21
PRQ:			3.8
STRESS LEVEL:			
BLOOD PRESSURE:			
HEART RATE VARIABLITY:			
OXYGEN SATURATION:			
HBA1C:			5.3
HEMOGLOBIN:			13.3
NOTES:			

# VITAL SIGNS

## LOG BOOK