



DATE:	21-03-2024	TIME:	11:19 PM
NAME:	Anees		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			49
BREATHING RATE:			16
PRQ:			3.2
STRESS LEVEL:			Low
BLOOD PRESSURE:			112/71
HEART RATE VARIABILITY:			38
OXYGEN SATURATION:			99
HBA1C:			4.73
HEMOGLOBIN:			12.6
NOTES:			

VITAL SIGNS

LOG BOOK