



DATE:	31-01-2024	TIME:	05:24 PM
NAME:	WELLTRA		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		69	75
BREATHING RATE:		20	13
PRQ:		3.4	5.9
STRESS LEVEL:		Low	Low
BLOOD PRESSURE:			
HEART RATE VARIABILITY:		49	34
OXYGEN SATURATION:			
HBA1C:		5.25	5.54
HEMOGLOBIN:		12.9	13.3
NOTES:			

VITAL SIGNS

LOG BOOK