



DATE:	19-02-2024	TIME:	12:10 PM
NAME:	Omar Anees		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		113	
BREATHING RATE:		21	
PRQ:		5.3	
STRESS LEVEL:		Low	
BLOOD PRESSURE:		122/73	
HEART RATE VARIABLITY:		12	
OXYGEN SATURATION:		99	
HBA1C:		5.89	
HEMOGLOBIN:		12.4	
NOTES:			

# VITAL SIGNS

## LOG BOOK