



DATE:	09-04-2024	TIME:	03:18 AM
NAME:	Bernadett		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	79		
BREATHING RATE:	11		
PRQ:	7.2		
STRESS LEVEL:	Low		
BLOOD PRESSURE:	119/75		
HEART RATE VARIABLITY:	40		
OXYGEN SATURATION:	99		
HBA1C:	5.24		
HEMOGLOBIN:	13.4		
NOTES:			

# VITAL SIGNS

## LOG BOOK