



DATE:	13-03-2024	TIME:	09:25 AM
NAME:	Bernadett		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		101	
BREATHING RATE:		16	
PRQ:		6.5	
STRESS LEVEL:		Medium	
BLOOD PRESSURE:		117/75	
HEART RATE VARIABILITY:			
OXYGEN SATURATION:		99	
HBA1C:		5.49	
HEMOGLOBIN:		14.2	
NOTES:			

# VITAL SIGNS

## LOG BOOK