



DATE:	23-02-2024	TIME:	11:08 AM
NAME:	nick		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		81	
BREATHING RATE:		17	
PRQ:		4.8	
STRESS LEVEL:		Low	
BLOOD PRESSURE:		99/70	
HEART RATE VARIABLITY:		42	
OXYGEN SATURATION:		99	
HBA1C:		5.07	
HEMOGLOBIN:		12.3	
NOTES:			

VITAL SIGNS

LOG BOOK