



DATE:	01-03-2024	TIME:	12:39 PM
NAME:	jk		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		75	
BREATHING RATE:		14	
PRQ:		5.3	
STRESS LEVEL:		Low	
BLOOD PRESSURE:		109/70	
HEART RATE VARIABLITY:		42	
OXYGEN SATURATION:		99	
HBA1C:		5.49	
HEMOGLOBIN:		13.3	
NOTES:			

VITAL SIGNS

LOG BOOK