



DATE:	15-12-2023	TIME:	04:10 PM
NAME:	Anees		
	MORNING	MID-DAY	NIGHT
HEART RATE:		76	50
BREATHING RATE:		17	19
PRQ:		4.5	2.7
STRESS LEVEL:		High	High
BLOOD PRESSURE:		118/73	131/80
HEART RATE VARIABLITY:		0.507	0.559
OXYGEN SATURATION:		99	96
HBA1C:		5.61	5.77
HEMOGLOBIN:		12.8	12.4
NOTES:			

# VITAL SIGNS

## LOG BOOK