



DATE:	18-12-2023	TIME:	05:16 AM
NAME:	Anees		
	MORNING	MID-DAY	NIGHT
HEART RATE:	47	51	
BREATHING RATE:	11	17	
PRQ:	4.2	3.0	
STRESS LEVEL:	High	High	
BLOOD PRESSURE:	115/74	116/71	
HEART RATE VARIABILITY:	0.966	0.255	
OXYGEN SATURATION:	99	99	
HBA1C:	5.28	4.96	
HEMOGLOBIN:	12.4	12.2	
NOTES:			

# VITAL SIGNS

## LOG BOOK