



DATE:	08-03-2024	TIME:	10:30 AM
NAME:	max T		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		80	
BREATHING RATE:		4	
PRQ:		18.88	
STRESS LEVEL:		Low	
BLOOD PRESSURE:		116 / 81	
HEART RATE VARIABILITY:		124.75	
OXYGEN SATURATION:		98	
HBA1C:			
HEMOGLOBIN:			
NOTES:			

VITAL SIGNS

LOG BOOK