



DATE:	03-03-2024	TIME:	04:12 AM
NAME:	m		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:	72		
BREATHING RATE:	15		
PRQ:	4.8		
STRESS LEVEL:	Medium		
BLOOD PRESSURE:	121/76		
HEART RATE VARIABILITY:			
OXYGEN SATURATION:	99		
HBA1C:	4.95		
HEMOGLOBIN:	13.6		
NOTES:			

# VITAL SIGNS

## LOG BOOK