



DATE:	19-03-2024	TIME:	06:30 PM
NAME:	hala		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			64
BREATHING RATE:			16
PRQ:			4.0
STRESS LEVEL:			Low
BLOOD PRESSURE:			114/71
HEART RATE VARIABILITY:			42
OXYGEN SATURATION:			99
HBA1C:			4.86
HEMOGLOBIN:			11.6
NOTES:			

# VITAL SIGNS

## LOG BOOK