



DATE:	30-03-2024	TIME:	04:48 PM
NAME:	hala		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:		59	68
BREATHING RATE:		13	13
PRQ:		4.5	5.2
STRESS LEVEL:		High	Medium
BLOOD PRESSURE:		117/76	112/70
HEART RATE VARIABILITY:		87	
OXYGEN SATURATION:		99	99
HBA1C:		4.81	5.2
HEMOGLOBIN:		13.0	12.6
NOTES:			

VITAL SIGNS

LOG BOOK