



DATE:	08-03-2024	TIME:	05:26 PM
NAME:	Emma Smith		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			67
BREATHING RATE:			14
PRQ:			4.7
STRESS LEVEL:			Medium
BLOOD PRESSURE:			121/76
HEART RATE VARIABILITY:			
OXYGEN SATURATION:			98
HBA1C:			5.4
HEMOGLOBIN:			12.3
NOTES:			

VITAL SIGNS

LOG BOOK