



DATE:	25-04-2024	TIME:	05:08 PM
NAME:	Omar Alabed		
	MORNING (12AM-08AM)	MID-DAY (08AM-04PM)	NIGHT (04PM-12AM)
HEART RATE:			62
BREATHING RATE:			15
PRQ:			4.3
STRESS LEVEL:			Low
BLOOD PRESSURE:			124/76
HEART RATE VARIABLITY:			50
OXYGEN SATURATION:			99
HBA1C:			5.36
HEMOGLOBIN:			13.3
NOTES:			

# VITAL SIGNS

## LOG BOOK